Paraphrasing

Paraphrasing *communicates* that the listener has:

- HEARD what the speaker said
- UNDERSTOOD what was said, and
- CARES

Paraphrasing *involves* either:

- RESTATING in your own words, or
- SUMMARIZING

Some possible paraphrasing *stems* include the following:

- *So,*...
- *In other words,*...
- *What I’m hearing then,*...
- *What I hear you saying,*...
- *From what I hear you say,*...
- *I’m hearing many things,*...
- *As I listen to you I’m hearing,*...