

Introduction

Afterschool and summer learning programs are already doing a lot to help students develop social and emotional skills. Many afterschool and summer learning programs have broad learning objectives for youth that include social, emotional, and character development. Afterschool and summer learning programs are a unique setting where youth can connect to positive adult mentors, feel safe to try new things, and have the opportunity to acquire new skills and develop mastery in an area.

Recognizing the crucial role social and emotional learning (SEL) plays in ensuring the overall health and academic and future success of students. Creating and sharing widely SEL tools, research, and resources that allow out-of-school time providers to better serve their youth. This toolkit helps explain what SEL is, how SEL connects to the afterschool field, and how to make the case to support SEL, as well as includes webinars, resources, and more to highlight promising practices and strategies (Afterschool Alliance). Additional Resources can be found [here](#).

Elementary

Resource Name	Description	Link/ Location	Competency
Soar with Wings Activities	This is a website with social and emotional learning lesson bundles for K-2 and 3-5 with standard aligned activities. Each activity includes a step by step guide and presentation slides.	https://www.soarwithwings.com/educators#/	Self-Awareness
Learning to Strut	This document features social emotional learning activities - both digital and non-digital, focusing on self awareness.	https://www.learn2strut.com/wp-content/uploads/2020/09/STRUT-Learning-SEL-Activities-1.pdf	Self-Management
CASEL Playbook	This playbook features practical ways to introduce and broaden social emotional learning	https://schoolguide.casel.org/uploads/2018/12/CASEL_SEL-3-Signature-Practices-Playbook-	Social Awareness

	practices in classrooms, schools, and workplaces. The playbook includes examples and activities for how to best utilize SEL strategies.	V3.pdf?utm_source=Transforming+Education+Subscribers&utm_campaign=dc833e069e-EMAIL_CAMPAIGN_2018_12_31_03_55_COPY_01&utm_medium=email&utm_term=0_99e6730d6b-dc833e069e-445030717	
ACT for Youth	This SEL toolkit, focusing on relationship skills, provides links to strategies and resources to help youth work professionals teach relationship skills.	http://actforyouth.net/youth_development/professionals/sel/relationship_skills.cfm	Relationship Skills
Infobase	This blog/workshop series, focusing on the social and emotional learning competency responsible decision making, includes real life examples and engaging strategies to be used in the classroom and online in K-12.	https://www.infobase.com/blog/featured/sel-beyond-responsible-decision-making/	Responsible Decision Making

Secondary

Resource Name	Description	Link/ Location	Competency
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Edutopia	This article shows how to incorporate athletics to teach and promote social and emotional learning and character development. The article features four strategies to use in both in school and out of school athletics.	https://www.edutopia.org/blog/4-ways-use-athletics-promote-social-emotional-learning-and-character-development-maurice-elias	All
Life's Good	This website features standards-aligned materials that provide engaging, hands-on activities to help students identify actionable ways to bring happiness to their communities. The website includes classroom activities, digital lesson bundles, family activities, virtual field trips, professional development and more.	https://www.learnexperiencehappiness.com/educators/	All
Commonsense	This educator toolkit includes classroom ready resources in areas including empathy and	https://www.commonsense.org/education/toolkit/social-emotional-learning	All

	compassion, courage and perseverance, teamwork and communication, integrity and self control, humility and gratitude, and curiosity.		
Everfi	This website features classroom activities - both virtual and in person - to build upon social and emotional learning skills. The lessons teach students skills such as empathy, leadership, conflict resolution, self-awareness, and resilience. The website includes materials for K-12.	https://everfi.com/k-12/social-emotional-learning/	All