

## Working with Families: Student Success Team

### Materials needed:

- SST sample worksheet
- SST sample follow up sheet
- Joshua vignette

### Directions:

In your small group, please read the SST description below and apply your trauma-informed skills using the SST (Student Success Team) model. Complete the SST worksheet, followed by the SST follow up sheet, and be prepared to give a report out to the large group at the end of the activity. This strategy is to be used in conjunction with the Joshua vignette.

### **THE STUDENT SUCCESS TEAM MEETING for students who have experienced trauma**

### Questions for consideration:

- How do you establish trust? (Who should be there? Who will be the advocate for the student? What kind of student preparation is necessary?)
- How do you establish safety? (What are the ground rules? How will the student be supported?)
- What are the student's strengths?
- What doable piece of the challenge needs to be addressed?
- How can the student use his/her strengths to meet the challenge?
- How do you work with family/care givers to frame things in a helpful way – to invite them to see the student's best side?
- What is a reasonable amount of change to expect?
- What skills will be needed for the student to be successful?
- Who is going to be responsible? And for what?
- What is the follow through going to look like? (Who, when, how, next meeting?)

**\*\*\* Remember to take care of yourself. Vicarious trauma is real. \*\*\***