

Emergency Action Plan Worksheet – Student Response Team

Coach/Advisor Name:	Activity:	Level:
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1 911 TEAM

CALL 911	
CALL 911. Explain emergency. Provide location.	
PRACTICE	EVENTS
Closest Phone	
EMS Access Point	
Street Intersection	
Student 1	
Student 2	

MEET AMBULANCE at EMS Access Point. Take to victim.	
PRACTICE	EVENTS
Entry Door/Gate	
Student 1	
Student 2	

CALL CONTACTS. Provide location and victim's name.	
NAME	CELL
Athletic Trainer	
Athletic AD	
Student 1	
Student 2	

2 CPR/AED TEAM

START CPR	
Coach	
Student 1	
Student 2	
Student 3	

WHEN AED ARRIVES, TURN IT ON AND FOLLOW VOICE PROMPTS	
Student 1	
Student 2	

1. Remove clothing from chest.
2. Attach electrode pads as directed by voice prompts.
3. Stand clear while AED analyzes heart rhythm.
4. Keep area clear if AED advises a shock.
5. Follow device prompts for further action.
6. After EMS takes over, give AED to Athletic Administrator for data download.

3 AED TEAM

GET THE AED	
PRACTICE	EVENTS
Closest AED	
Student 1	
Student 2	

GET THE ATHLETIC TRAINER	
Typical location	
Student 1	
Student 2	

CALL 911 for all medical emergencies.
If unresponsive and not breathing normally, begin CPR and get the AED.

4 HEAT STROKE TEAM

PREPARE TUB DAILY	
PRACTICE	EVENTS
Tub Location	
Water Source Location	
Ice Source Location	
Ice Towel Location	
Student 1	
Student 2	

1. Remove equipment/excess clothing. Move to shade.
2. Immerse athlete into cold ice water tub, stir water.
*If no tub: cold shower or rotating cold, wet towels over the entire body
3. Monitor vital signs.
4. Cool First, Transport Second.
 - a. Cool until rectal temperature reaches 102°F if ATC or MD is available.
 - b. If no medical staff, cool until EMS arrives.