

DIAA Emergency Action Plan

All schools participating in athletic events must have an EAP in place in order to assist in the safety of its participants. As stated in the NFHS Sports Medicine Handbook, the Emergency Action Plan (EAP) is a clearly defined plan of action that medical and athletic staff should design and implement in case an emergency occurs at practice, at a venue, or within the community involving a school's sports team(s).

This EAP shall include the following:

- Identification of personnel to provide the appropriate care and support
- Identification and maintenance of equipment used in case of emergency
- Methods of communication in case of emergency, not only between identified emergency personnel within a school/event, but also with community emergency personnel and parents
- Modes of transportation in case of emergency
- Guidelines for preparing an event /venue or practice site
- Emergency procedures outlined specific for each sport and venue
- Chain of command chart to determine decisions for suspension or cancellation of an activity. This should include the authority of the schools designated (or venue if tournament) qualified medical personnel to have final decision on return to play post suspected injury or illness
- Documentation of the full EAP including review dates and changes
- AED's must be included in this plan, including their location in a safe and quickly accessible storage for administrators, nurses, coaches, and athletic trainers. All nurses, coaches, and athletic trainers shall be properly trained in AED use, CPR, and emergency recognition and management including but not limited to heads up concussion management, heat management, and "Anyone Can Save a Life" cardiac emergencies.

All DIAA tournament events shall also have an EAP in place when such events are held off the school's premises where the hosting school's EAP would no longer be in effect, and general guidelines that all tournament committees must follow when organizing such an event.

These general guidelines have been adapted from the NFHS Sports Medicine Handbook, and can be found on the attached form, which should be submitted to DIAA prior to the scheduled activity.

Venue-Specific Emergency Action Plan

Venue/Location: _____

Sport: _____

Site Director: _____

Emergency Personnel On- Site (name and cell number)

Athletic Trainer(s): _____

Physician: _____

On Call (including ambulance): _____

Note: An Athletic Trainer shall be present at all DIAA tournament events except tennis and golf. A Physician must be present at all football and wrestling tournament events. Personnel trained in First Aid/CPR or Emergency Medical Response shall be present at all other tournament events. On-site tournament ATC/MD/DOs have final say as to return to play after suspected injury or illness. If location is remote such as the case of cross country, at least 2 emergency medical personnel must be present, one of which may be an Emergency Medical Responder/EMT/Paramedic.)

Emergency Equipment

Location On-Site: _____

Other to be brought (designate by whom):

Medical Kit: _____

Items for proper care of blood/body fluids: _____

Ice, Water, Towels, Tubs: _____

AED: _____

Other: _____

Communication & Transportation

Access to 9-1-1: _____

Access to on-call emergency personnel: _____

Method of off-the field transportation: _____

Role of First on the Scene

Some events, such as track, may not have medical personnel present at all areas where the event is occurring. In such situations individuals should be assigned to act initially in case of emergency. Designate those individuals below, as well as strategic locations where they will be located:

Role of first on scene

1. Control the scene (gain access to athlete)
2. Initial Assessment (to determine breathing, consciousness, pulse, etc)
3. Detailed Assessment (to determine extent of injury/illness)
4. Communication method to contact medical personnel, including 9-11 if needed:
5. Initiate immediate care to the sick or injured athlete

Support personnel shall obtain the athlete’s medical card from his/her coach and provide it to the on-site medical personnel for review. Coach shall contact parents)

EMS Access

If EMS is called, provide directions/access to scene: _____

Designate an individual to meet EMS at entrance: _____

Other personnel present at venue to assist in case of emergency:

I certify that the above is true and complete to the best of my knowledge and that all personnel designated on this sheet have agreed to work in such capacity and have been given a copy of this Emergency Action Plan.

Tournament Committee Member

Date