

**Curriculum Scope & Sequence**

School: Pike Creek Charter School Grade or Course: 6<sup>th</sup> Grade Health/Nutrition Teacher: \_\_\_\_\_

<p><b>Unit Order</b></p> <p>By unit title and/or time frame</p>	<p><b>Learning Targets</b></p> <p>Content Standards, Grade Level Expectations, Proficiency Level Expectations, or Grade Cluster Benchmarks</p>	<p><b>Theme/Big Idea/Concept</b></p>	<p><b>Enduring Understandings and/or Essential Questions</b></p>
<p><b>Unit 1: Personal Growth and Development</b></p>	<p><b>Students will understand essential health concepts in order to transfer knowledge into healthy actions for life.</b></p> <p><b>Students will demonstrate the ability to practice health-enhancing behaviors and avoid or reduce health risks.</b></p>	<p>Dimensions of wellness</p> <p>Adolescence Growth</p> <p>Circulatory System</p> <p>Muscular System</p> <p>Skeletal System</p>	<p><b>Enduring Understanding:</b> Staying healthy is a lifelong process that includes all dimensions of wellness.</p> <p>Developing and maintaining wellness requires ongoing evaluation of factors impacting health and modifying lifestyle behaviors accordingly.</p> <p><b>Essential Questions:</b> What health promotion concepts and skills are necessary to support a healthy, active lifestyle?</p> <p>How are the three parts of health related?</p> <p>Why do you have a growth spurt during adolescence?</p> <p>What are the structures and functions of the circulatory, muscular and skeletal systems?</p> <p>How can taking care of the</p>

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			circulatory, muscular and skeletal systems prevent diseases/disorders?
<b>Unit 2: Nutrition</b>	<p><b>Students will understand essential health concepts in order to transfer knowledge into healthy actions for life.</b></p> <p><b>Students will demonstrate the ability to use decision-making skills to enhance health</b></p>	<p>Nutrients</p> <p>ADA Guidelines</p> <p>Nutrition impact on health</p>	<p><b>Enduring Understandings:</b></p> <p>Eating patterns are influenced by a variety of factors.</p> <p><b>Essential Questions:</b></p> <p>What are the functions of the 6 nutrients in maintaining health?</p> <p>What are the dietary guidelines for Americans?</p> <p>Why is proper nutrition important to having lifelong health?</p>
<b>Unit 3: Disease/Health Conditions and Safety</b>	<p><b>Students will understand essential health concepts in order to transfer knowledge into healthy actions.</b></p> <p><b>Students will analyze the influence family, peers, culture, media, technology and other factors on health behaviors.</b></p> <p><b>Students will demonstrate the ability to access information, products and services to enhance health. Students will demonstrate the ability to use decision-making skills to enhance</b></p>	<p>Communicable and non-communicable diseases</p> <p>Disease Prevention and Safety</p> <p>Body Defenses</p> <p>Common Mental Illness</p> <p>Basic First Aid</p> <p>Emergencies</p>	<p><b>Enduring Understandings:</b></p> <p>The early detection and treatment of diseases and health conditions impact one's health.</p> <p>Identifying unsafe situations and choosing appropriate ways to reduce or eliminate risks contributes to the safety of self and others.</p> <p>Applying first-aid procedures can minimize injury and save lives.</p> <p><b>Essential Questions:</b></p> <p>What behaviors will reduce my</p>

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	<p><b>health.</b></p> <p><b>Students will demonstrate the ability to practice health-enhancing behaviors and avoid or reduce health risks.</b></p>		<p>risk of disease?</p> <p>How do body defenses protect against disease?</p> <p>What ways can a person reduce risk of HIV infection?</p>
<p><b>Unit 4: Social and Emotional Health</b></p>	<p><b>Students will understand essential health concepts in order to transfer knowledge into healthy actions for life.</b></p> <p><b>Students will analyze the influence of family, peers, culture, media, technology and other factors on health behaviors.</b></p> <p><b>Students will demonstrate the ability to access information, products and services to enhance health.</b></p> <p><b>Students will demonstrate the ability to use interpersonal communication skills to enhance health and avoid or reduce health risks.</b></p> <p><b>Students will demonstrate the ability to practice health enhancing behaviors and avoid or reduce health risks.</b></p> <p><b>Students will demonstrate the ability to advocate for</b></p>	<p>Resolution Skills</p> <p>Communication Skills</p> <p>Healthy and Unhealthy Relationships</p>	<p><b>Enduring Understandings:</b></p> <p>Social and emotional development impacts all components of wellness.</p> <p>Respect and acceptance for individuals regardless of gender, sexual orientation, disability, ethnicity, socioeconomic background, religion, and/or culture provide a foundation for the prevention and resolution of conflict.</p> <p>Stress management skills impact an individual’s ability to cope with different types of emotional situations.</p> <p><b>Essential Questions:</b></p> <p>How do I show respect for others?</p> <p>How do I apply conflict resolutions skills appropriately?</p> <p>What are the effects of being in a harmful relationship?</p>

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	<p><b>personal, family and community health.</b></p>		
<p><b>Unit 5:Alcohol, Tobacco and other drugs</b></p>	<p><b>Students will understand essential health concepts in order to transfer knowledge into healthy actions for life.</b></p> <p><b>Students will analyze the influence of family, peers, culture, media, technology and other factors on health behaviors.</b></p> <p><b>Students will demonstrate the ability to access information, products and services to enhance health.</b></p> <p><b>Students will demonstrate the ability to use interpersonal communication skills to enhance health and avoid or reduce health risks.</b></p> <p><b>Students will demonstrate the ability to use decision-making skills to enhance health.</b></p> <p><b>Students will demonstrate the ability to practice health enhancing behaviors and avoid or reduce health risks.</b></p> <p><b>Students will demonstrate</b></p>	<p>Over the Counter vs. Prescription medicines</p> <p>Medicine Guidelines</p> <p>Drug Abuse</p> <p>Substance Abuse</p> <p>Tobacco Use</p> <p>Preventives</p>	<p><b>Enduring Understandings:</b> Medicines come in various forms (over the counter, prescriptions, medical supplements) are used for various reasons, and should be taken as directed in order to be safe and effective.</p> <p>There is a strong correlation between people who abuse drugs and increased intentional and unintentional health-risk behaviors.</p> <p>Substance abuse is caused by a variety of factors.</p> <p>There are a myriad of ways to obtain assistance for treatment of alcohol, tobacco and other substance abuse problems.</p> <p><b>Essential Questions:</b> What knowledge about alcohol, tobacco, and other drugs are needed to support a healthy, active lifestyle?</p> <p>How are relationships and decisions affected by alcohol and drugs?</p> <p>What protective factors help</p>

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	<b>the ability to advocate for personal, family and community health.</b>		one to stay away from alcohol and drugs?
<b>Unit 6: Relationships</b>	<p><b>Students will understand essential health concepts in order to transfer knowledge into healthy actions for life.</b></p> <p><b>Students will analyze the influence of family, peers, culture, media, technology and other factors on health behaviors.</b></p> <p><b>Students will demonstrate the ability to use interpersonal communication skills to enhance health and avoid or reduce health risks.</b></p> <p><b>Students will demonstrate the ability to practice health enhancing behaviors and avoid or reduce health risks.</b></p> <p><b>Students will demonstrate the ability to advocate for personal, family and community health.</b></p>	<p>Types of relationships</p> <p>Healthy Friendships/Relationships</p> <p>Dating in Adolescence</p>	<p><b>Enduring Understandings:</b> Healthy relationships require a mutual commitment.</p> <p>The values acquired from family, culture, personal experiences, and friends impact all types of relationships.</p> <p>Optimal health and positive life choices are achieved through the understanding of human relationships.</p> <p>Different sexual lifestyles are practices in today's world.</p> <p><b>Essential Questions:</b> What physical, emotional, and social knowledge of human relationships and sexuality is needed to live a healthy and active lifestyle?</p> <p>Why is it important to have mutual respect when dating?</p> <p>What characteristics are necessary to possess to have a healthy relationship?</p>
<b>Unit 7: Sexuality, Pregnancy and Parenting</b>	<b>Students will understand essential health concepts in order to transfer knowledge</b>	Male and Female Growth Patterns	<b>Enduring Understandings:</b> Most significant physical, mental, and emotional changes

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	<p><b>into healthy actions for life.</b></p> <p><b>Students will analyze the influence of family, peers, culture, media, technology and other factors on health behaviors.</b></p> <p><b>Students will demonstrate the ability to access information, products and services to enhance health.</b></p> <p><b>Students will demonstrate the ability to use decision-making skills to enhance health.</b></p> <p><b>Students will demonstrate the ability to practice health-enhancing behaviors and avoid or reduce health risks.</b></p>	<p>Physical Changes in Adolescence</p> <p>Emotional Changes in Adolescence</p> <p>Sexual peer pressure</p> <p>Risk Factors of Sexual Behavior</p> <p>Pregnancy and Development</p> <p>Adolescence and Parenthood</p>	<p>occur during adolescence, but not necessarily at the same rate. Responsible actions regarding sexual behavior impact the health of oneself and others.</p> <p>Knowing the physiological process of how pregnancy occurs as well as development of the fetus leading to child birth contribute to a greater understanding of how and why a healthy environment should be provided for the pregnant mother.</p> <p>Adolescent parents may have difficulty adjusting to emotional and financial responsibilities of parenthood.</p> <p><b>Essential Questions:</b>          Why do males and females grow and mature at different rates?</p> <p>How does one care for their ever changing body?</p> <p>What strategies should one know to resist the pressure to be sexually active?</p>
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**Curriculum Scope & Sequence**

School: Pike Creek Charter School Grade or Course: 7<sup>th</sup> Grade Health/Nutrition Teacher: \_\_\_\_\_

<b>Unit Order</b> By unit title and/or time frame	<b>Learning Targets</b> Content Standards, Grade Level Expectations, Proficiency Level Expectations, or Grade Cluster Benchmarks	<b>Theme/Big Idea/Concept</b>	<b>Enduring Understandings and/or Essential Questions</b>
<b>Unit 1: Mental and Emotional Health</b>	<p><b>Students will understand essential health concepts in order to transfer knowledge into healthy actions for life.</b></p> <p><b>Students will analyze the influence of family, peers, culture, media, technology and other factors on health behaviors.</b></p> <p><b>Students will demonstrate the ability to use interpersonal communication skills to enhance health an avoid or reduce health risks.</b></p> <p><b>Students will demonstrate the ability to use decision-making skills to enhance health.</b></p> <p><b>Students will demonstrate the ability to use goal-setting skills to enhance health.</b></p> <p><b>Students will demonstrate the ability to practice health-enhancing behaviors and avoid or reduce health risks.</b></p>	Health Triangle Health Goals Healthy Communication Mental Development Emotional Development	<p><b>Enduring Understandings:</b>                      Effective communication is the basis for strengthening interpersonal interactions and relationships and resolving conflicts.</p> <p>Mental and emotional development impacts all components of wellness.</p> <p><b>Essential Questions:</b>                      What actions does a person need to take to be healthy?</p> <p>Why is important for a person to be health literate?</p> <p>How does a person use the four levels of communication effectively?</p>
<b>Unit 2: Personal Growth and Development</b>	<p><b>Students will understand essential health concepts in order to transfer knowledge into healthy actions for life.</b></p> <p><b>Students will analyze the influence of family, peers, culture, media,</b></p>	Unhealthy behaviors in Adolescence Hormones	<p><b>Enduring Understandings:</b>                      Optimal health and positive life choices are achieved through the understanding of the structure and function of the</p>

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	<p><b>technology and other factors on health behaviors.</b></p> <p><b>Students will demonstrate the ability to use decision-making skills to enhance health.</b></p> <p><b>Students will demonstrate the ability to use goal-setting skills to enhance health.</b></p> <p><b>Students will demonstrate the ability to practice health-enhancing behaviors and avoid or reduce health risks.</b></p>	<p>Heredity</p> <p>Nutrition</p> <p>Managing Peer Pressure</p> <p>Changes in males and females during puberty</p>	<p>human body.</p> <p>Taking responsibility for one's own health is an essential step towards developing and maintaining a healthy, active life style.</p> <p>Applying knowledge about physical, social, emotional, and intellectual wellness will help students make informed choices.</p> <p><b>Essential Questions:</b> Are there long lasting consequences to unhealthy behaviors made during adolescence?  What resistance skills are needed to practice abstinence?  How does the structure and function of the reproductive systems relate to overall health?</p>
<p><b>Unit 3: Diseases/Health Conditions and Safety</b></p>	<p><b>Students will understand essential health concepts in order to transfer knowledge into healthy actions.</b></p> <p><b>Students will analyze the influence family, peers, culture, media, technology and other factors on health behaviors.</b></p> <p><b>Students will demonstrate the ability to access information,</b></p>	<p>Common Adolescence Diseases</p> <p>Transmission, causes and treatment of diseases</p> <p>Disease Prevention</p> <p>Body Defenses</p>	<p><b>Enduring Understandings:</b> The prevention and control of diseases and health conditions are affected by many factors.</p> <p>Identifying unsafe situations and choosing appropriate ways to reduce or eliminate risks contributes to the safety of self</p>

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	<p><b>products and services to enhance health.</b>  <b>Students will demonstrate the ability to use decision-making skills to enhance health.</b></p> <p><b>Students will demonstrate the ability to practice health-enhancing behaviors and avoid or reduce health risks.</b></p>	<p>Mental Illness</p> <p>First Aid</p> <p>First responders</p>	<p>and others.</p> <p>Evaluating the potential for injury prior to engaging in unhealthy/risky behaviors impacts choices.</p> <p>Applying first-aid procedures can minimize injury and save lives.</p> <p>Applying first-aid procedures can minimize injury and save lives.</p> <p><b>Essential Questions:</b>          How do I choose behaviors that will reduce the risk of infection with communicable diseases?</p> <p>What is the bodies first and second line of defense to keeping pathogens from entering the body?</p> <p>What basic skills does a person need to know to treat illnesses and injuries?</p>
<p><b>Unit 4:STI's</b></p>	<p><b>Students will understand essential health concepts in order to transfer knowledge into healthy actions for life.</b></p> <p><b>Students will analyze the influence of family, peers, culture, media, technology and other factors on health behaviors.</b></p>	<p>Immune System</p> <p>Preventing Illness</p> <p>STI transmissions, signs and symptoms</p> <p>Types of STI</p>	<p><b>Enduring Understandings:</b>          A healthy immune system is vital in protecting the body from disease causing pathogens and by taking proper steps you can prevent becoming ill or spreading illnesses to others.</p>

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	<p><b>Students will demonstrate the ability to use decision-making skills to enhance health.</b></p> <p><b>Students will demonstrate the ability to practice health-enhancing behaviors and avoid or reduce health risks.</b></p>	<p>HIV and AIDs</p> <p>Peer Pressure and Sexual Activity</p>	<p>Abstinence from sexual activity and high risk behaviors can prevent transmission of STI's.</p> <p>Understand that factors such as heredity, environment, and lifestyle choices influence total health.</p> <p>Develop a personal plan for reducing the risk of STI/HIV infection.</p> <p><b>Essential Questions:</b> What are the signs, symptoms, diagnosis and treatments for STI's?</p> <p>Explain why abstinence is the best way to prevent STI's?</p> <p>What skills are needed to abstain from engaging in sexual activity?</p>
<p><b>Unit 5: Social Health</b></p>	<p><b>Students will understand essential health concepts in order to transfer knowledge into healthy actions for life.</b></p> <p><b>Students will analyze the influence of family, peers, culture, media, technology and other factors on health behaviors.</b></p> <p><b>Students will demonstrate the ability to use interpersonal communication skills to enhance health and avoid or reduce health</b></p>	<p>Family Crisis and Change</p> <p>Stress</p> <p>Family Relationships</p> <p>Healthy &amp; Unhealthy Relationships</p> <p>Family Member Responsibilities</p> <p>Dating Relationships</p>	<p><b>Enduring Understandings:</b> Social and emotional development impacts all components of wellness.</p> <p>Respect and acceptance for individuals regardless of gender, sexual orientation, disability, ethnicity, socioeconomic background, religion, and/or culture provide a foundation for the prevention</p>

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	<p>risks.</p> <p><b>Students will demonstrate the ability to use decision-making skills to enhance health.</b></p> <p><b>Students will demonstrate the ability to practice health-enhancing behaviors and avoid or reduce health risks.</b></p> <p><b>Students will demonstrate the ability to advocate for personal, family and community health.</b></p>		<p>and resolution of conflict.</p> <p>Stress management skills impact an individual’s ability to cope with different types of family situations.</p> <p><b>Essential Questions:</b> What skills are needed to cope with difficult family relationships</p> <p>What does being a responsible family member look like?</p> <p>What skills are necessary to date responsibly?</p>
<p><b>Unit 6: Digestion</b></p>	<p><b>Students will understand essential health concepts in order to transfer knowledge into healthy actions for life.</b></p> <p><b>Students will demonstrate the ability to access information, products and services to enhance health.</b></p> <p><b>Students will demonstrate the ability to use decision-making skills to enhance health.</b></p> <p><b>Students will demonstrate the ability to practice health-enhancing behaviors and avoid or reduce health risks.</b></p>	<p>Digestive System</p> <p>Structures and Functions of the Digestive System</p> <p>Characteristics of Digestive Organs</p> <p>Metabolism</p> <p>Digestive System and Disease</p> <p>Disease Treatments</p>	<p><b>Enduring Understandings:</b> Optimal health and positive life choices are achieved through the understanding of the structure and function of the human body.</p> <p><b>Essential Questions:</b> How does the structure and function of the digestive system relate to overall health?</p> <p>What are the functions of the digestive system?</p> <p>What are the characteristic of the organs that make-up the digestive system?</p>

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			What are the diseases/dysfunctions of the digestive system and how are they treated?
<b>Unit 7: Nutrition</b>	<p>Students will understand essential health concepts in order to transfer knowledge into healthy actions for life.</p> <p>Students will analyze the influence of family, peers, culture, media, technology and other factors on health behaviors. Students will demonstrate the ability to use decision-making skills to enhance health.</p> <p>Students will demonstrate the ability to use goal-setting skills to enhance health.</p> <p>Students will demonstrate the ability to practice health-enhancing behaviors and avoid or reduce health risks.</p> <p>Students will demonstrate the ability to advocate for personal, family and community health.</p>	<p>Nutrients</p> <p>Nutrition impacts</p> <p>Recommended Daily Allowances (RDA)</p> <p>Metabolic Rate</p> <p>Dietary Guidelines</p> <p>Food Pyramid</p> <p>Nutrition Labeling</p> <p>Food Poisoning</p>	<p><b>Enduring Understanding:</b> How does the daily recommended allowance apply to daily living?</p> <p>Comprehend the Dietary Guidelines for Americans.</p> <p><b>Essential Questions:</b> What are the functions of the 6 nutrients in maintaining health?  Why is proper nutrition important to having lifelong health?  What is the Recommended Daily Dietary Allowances (RDA)?  What are the dietary guidelines for Americans?</p>
<b>Unit 8: Character Development/Advocacy and Service</b>	<p>Students will understand essential health concepts in order to transfer knowledge into healthy actions for life.</p> <p>Students will analyze the influence of family, peers, culture, media, technology and other factors on health behaviors.</p> <p>Students will demonstrate the ability to use interpersonal</p>	<p>Personality Influences</p> <p>Advantages of individual, group and team building activities.</p> <p>PCC 5 Pillars of Character</p> <p>Individuals with Disabilities</p>	<p><b>Enduring Understandings:</b> Working together toward common goals with individuals of different abilities and from different backgrounds develops and reinforces core ethical values.</p> <p>Effective advocacy for a health or social issue is based on</p>

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	<p><b>communication skills to enhance health and avoid or reduce health risks.</b></p> <p><b>Students will demonstrate the ability to use decision-making skills to enhance health.</b></p> <p><b>Students will demonstrate the ability to use goal-setting skills to enhance health.</b></p> <p><b>Students will demonstrate the ability to practice health-enhancing behaviors and avoid or reduce health risks.</b></p> <p><b>Students will demonstrate the ability to advocate for personal, family and community health.</b></p>		<p>communicating accurate and reliable research about the issue and developing and implementing strategies to motivate others to address the issue.</p> <p><b>Essential Questions:</b> What factors influence a person’s personality?</p> <p>How does demonstrating good character correlate to positive self esteem?</p> <p>How does having good character translate to adjusting to difficult situations in healthful ways?</p>
<p><b>Unit 9: Alcohol, Tobacco and other Drugs</b></p>	<p><b>Students will understand essential health concepts in order to transfer knowledge into healthy actions for life.</b></p> <p><b>Students will analyze the influence of family, peers, culture, media, technology and other factors on health behaviors.</b></p> <p><b>Students will demonstrate the ability to access information, products and services to enhance health.</b></p> <p><b>Students will demonstrate the ability to use decision-making skills to enhance health.</b></p> <p><b>Students will demonstrate the</b></p>	<p>Identify over the counter vs. prescription medicines</p> <p>Commonly administered medicine and their side effects</p> <p>Tobacco and Disease</p> <p>Inhaled Substances</p> <p>Injected Drugs</p> <p>Consequences of use, sale and possession of illegal substances</p> <p>Dependency</p>	<p><b>Enduring Understandings:</b> Choices about alcohol, tobacco, and drugs affect a healthy lifestyle.</p> <p>There are multiple consequences associated with the misuse or abuse of various substances.</p> <p><b>Essential Questions:</b> Which drug has the biggest impact on your life?</p> <p>Are there effective treatments for drug addiction?</p>

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	<b>ability to practice health-enhancing behaviors and avoid or reduce health risks.</b>  <b>Students will demonstrate the ability to advocate for personal, family and community health.</b>	Effects of Substance Abuse on relationships	Is addiction a disease?
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**Curriculum Scope & Sequence**

School: Pike Creek Charter School Grade or Course: 8<sup>th</sup> Grade Health/Nutrition Teacher: \_\_\_\_\_

<p><b>Unit Order</b></p> <p>By unit title and/or time frame</p>	<p><b>Learning Targets</b></p> <p>Content Standards, Grade Level Expectations, Proficiency Level Expectations, or Grade Cluster Benchmarks</p>	<p><b>Theme/Big Idea/Concept</b></p>	<p><b>Enduring Understandings and/or Essential Questions</b></p>
<p><b>Unit 1: Personal Growth and Development</b></p>	<p><b>Students will understand essential health concepts in order to transfer knowledge into healthy actions for life.</b></p> <p><b>Students will analyze the influence of family, peers, culture, media, technology and other factors on health behaviors.</b></p> <p><b>Students will demonstrate the ability to access information, products and services to enhance health.</b></p> <p><b>Students will demonstrate the ability to practice health-enhancing behaviors and avoid or reduce health risks.</b></p>	<p>Impact of genetics, family history and personal health practices on development stages</p> <p>Technological advances in maintaining and improving health</p> <p>Ongoing medical research to treat and prevent diseases</p> <p>Development tasks through growth stages</p> <p>Stages of Development</p> <p>Stages of Death and Dying</p>	<p><b>Enduring Understandings:</b> Staying healthy is a lifelong process that includes all dimensions of wellness.</p> <p>Developing and maintaining wellness requires ongoing evaluation of factors impacting health and modifying lifestyle behaviors accordingly.</p> <p>Taking responsibility for one’s own health is an essential step towards developing and maintaining a healthy, active life style.</p> <p>Applying knowledge about physical, social, emotional and intellectual dimensions of wellness enables students to make informed choices about their health now and in the future.</p> <p><b>Essential Questions:</b> What health promotion concepts and skills are</p>

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			<p>necessary to support a healthy, active lifestyle?</p> <p>How are the three parts of health related?</p> <p>How do you keep the three elements of health interconnected and in balance?</p>
<p><b>Unit 2: Nutrition</b></p>	<p><b>Students will understand essential health concepts in order to transfer knowledge into healthy actions for life.</b></p> <p><b>Students will demonstrate the ability to use decision-making skills to enhance health.</b></p> <p><b>Students will demonstrate the ability to use goal-setting skills to enhance health.</b></p> <p><b>Students will demonstrate the ability to practice health-enhancing behaviors and avoid or reduce health risks.</b></p>	<p>Personal Eating Patterns</p> <p>Nutritional Balance</p> <p>Adolescences and Weight</p> <p>Reducing Health Risks through Healthy Eating</p> <p>Nutritional Value of products and supplements</p>	<p><b>Enduring Understandings:</b> Eating patterns are influenced by a variety of factors.</p> <p><b>Essential Questions:</b> What are the functions of the 6 nutrients in maintaining health? What are the dietary guidelines for Americans? Why is proper nutrition important to having lifelong health?</p>
<p><b>Unit 3: Social and Emotional Health</b></p>	<p><b>Students will understand essential health concepts in order to transfer knowledge into healthy actions for life.</b></p> <p><b>Students will demonstrate the ability to access information, products and services to enhance health.</b></p>	<p>Personal assets, resiliency and protective factors effects on social and emotional health</p> <p>Stress Management</p> <p>Bullying and Violence</p> <p>Depression &amp; Suicide</p>	<p><b>Enduring Understandings:</b> Social and emotional development impacts all components of wellness.</p> <p>Respect and acceptance for individuals regardless of gender, sexual orientation, disability, ethnicity,</p>

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	<p><b>Students will demonstrate the ability to use interpersonal communication skills to enhance health and avoid or reduce health risks.</b></p> <p><b>Students will demonstrate the ability to use decision-making skills to enhance health.</b></p> <p><b>Students will demonstrate the ability to practice health-enhancing behaviors and avoid or reduce health risks.</b></p> <p><b>Students will demonstrate the ability to advocate for personal, family and community health.</b></p>	<p>Suicide prevention and mental health issues</p>	<p>socioeconomic background, religion, and/or culture provide a foundation for the prevention and resolution of conflict.</p> <p>Stress management skills impact an individual’s ability to cope with different types of emotional situations.</p> <p><b>Essential Questions:</b> How can you focus on improving your health mentally and emotionally?</p> <p>Why do the choices you make have a greater influence on your health than your heredity and environment?</p> <p>What factors that influence your health fall outside of your control?</p>
<p><b>Unit 4: Interpersonal Communication/ Decision Making and Goal Setting</b></p>	<p><b>Students will understand essential health concepts in order to transfer knowledge into healthy actions for life.</b></p> <p><b>Students will demonstrate the ability to use interpersonal communication skills to enhance health and avoid or reduce health risks.</b></p> <p><b>Students will demonstrate</b></p>	<p>Verbal and Nonverbal Communication</p> <p>Refusal, Negotiation and Assertiveness skills</p> <p>Individual Decision Making Skills</p> <p>Collaborative Decision Making Skills</p> <p>Communication and</p>	<p><b>Enduring Understandings:</b> Effective interpersonal communication encompasses respect and acceptance for individuals regardless of gender, sexual orientation, disability, ethnicity, socioeconomic background, religion, and/or culture.</p> <p>Effective communication is the basis for strengthening interpersonal interactions and</p>

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	<p><b>the ability to use decision-making skills to enhance health</b></p> <p><b>Students will demonstrate the ability to use goal-setting skills to enhance health.</b></p> <p><b>Students will demonstrate the ability to practice health-enhancing behaviors and avoid or reduce health risks.</b></p>	<p>Relationships</p>	<p>relationships and resolving conflicts.</p> <p>Every health-related decision has short- and long-term consequences and affects the ability to reach health goals.</p> <p><b>Essential Questions:</b>          What personal and interpersonal skills are required to support a healthy, active lifestyle?           What skills are necessary to resist negative peer pressure?           How will responsible decision making avoid negative consequences?           How can effective communication improve family/peer relationships?</p>
<p><b>Unit 5:Alcohol, Tobacco and other Drugs</b></p>	<p><b>Students will understand essential health concepts in order to transfer knowledge into healthy actions for life.</b></p> <p><b>Students will analyze the influence of family, peers, culture, media, technology and other factors on health behaviors.</b></p> <p><b>Students will demonstrate</b></p>	<p>Risks of over the counter medicines, prescription medicines, herbal supplements and medical supplements.</p> <p>Physical and Behavioral effects of substance abuse</p> <p>Tobacco and Aging process</p> <p>Smoking Laws across states</p>	<p><b>Enduring Understandings:</b>          Medicines come in various forms (over the counter, prescriptions, medical supplements) are used for various reasons, and should be taken as directed in order to be safe and effective.</p> <p>There is a strong correlation between people who abuse drugs and increased intentional</p>

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	<p><b>the ability to use interpersonal communication skills to enhance health and avoid or reduce health risks.</b></p> <p><b>Students will demonstrate the ability to use decision-making skills to enhance health</b></p> <p><b>Students will demonstrate the ability to practice health-enhancing behaviors and avoid or reduce health risks.</b></p> <p><b>Students will demonstrate the ability to advocate for personal, family and community health.</b></p>	<p>Effects of drugs on the brain.</p> <p>Dependency and Addiction</p> <p>Intervention Strategies</p>	<p>and unintentional health-risk behaviors.</p> <p>Substance abuse is caused by a variety of factors.</p> <p>There are a myriad of ways to obtain assistance for treatment of alcohol, tobacco and other substance abuse problems.</p> <p>The ability to interrupt a drug dependency/addiction typically requires outside intervention, a strong personal commitment, treatment, and the support of family, friends, and others.</p> <p><b>Essential Questions:</b> What knowledge about alcohol, tobacco, and other drugs are needed to support a healthy, active lifestyle?</p> <p>Medicines come in a variety of forms-how should I take them in order to be effective and safe?</p> <p>How can one help a loved one or family member interrupt addiction/dependency?</p>
<p><b>Unit 6: Relationships</b></p>	<p><b>Students will understand essential health concepts in order to transfer knowledge into healthy actions for life.</b></p>	<p>Family Impacts</p> <p>Effects of Unhealthy relationships</p>	<p><b>Enduring Understandings:</b> Healthy relationships require a mutual commitment.</p>

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	<p><b>Students will analyze the influence of family, peers, culture, media, technology and other factors on health behaviors.</b></p> <p><b>Students will demonstrate the ability to access information, products and services to enhance health.</b></p> <p><b>Students will demonstrate the ability to use interpersonal communication skills to enhance health and avoid or reduce health risks.</b></p> <p><b>Students will demonstrate the ability to use decision-making skills to enhance health.</b></p> <p><b>Students will demonstrate their ability to practice health-enhancing behaviors and avoid or reduce health risks.</b></p> <p><b>Students will demonstrate the ability to advocate for personal, family and community health.</b></p>	<p>Professional Services for help</p> <p>Effects of Healthy Relationships</p> <p>Gender Identity</p> <p>Sexual Orientation</p> <p>Cultural Stereotyping</p> <p>Dating Relationships</p> <p>Changing Relationships</p>	<p>The values acquired from family, culture, personal experiences, and friends impact all types of relationships.</p> <p>Optimal health and positive life choices are achieved through the understanding of human relationships.</p> <p>Examine the different sexual lifestyles that are practiced in today's world.</p> <p><b>Essential Questions:</b> What physical, emotional, and social knowledge of human relationships and sexuality is needed to live a healthy and active lifestyle.</p> <p>What are the different sexual lifestyles?</p>
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<p><b>Unit 7: Endocrine System</b></p>	<p><b>Students will understand essential health concepts in order to transfer knowledge into healthy actions for life.</b></p> <p><b>Students will demonstrate the ability to practice health-enhancing behaviors and avoid or reduce health risks.</b></p>	<p>Male and Female Growth Patterns in Adolescence</p> <p>Structure of the Endocrine System</p> <p>Function of the Endocrine System</p> <p>Diseases/Disorders in the Endocrine System</p>	<p><b>Enduring Understandings:</b> An individual's health varies throughout their life; analyze how the endocrine system and its release of hormones can affect someone's overall well-being.</p> <p>Comprehend the role the endocrine system plays in a person's development and analyze how emotional and physical factors, such as stress or infections, can affect our hormone levels.</p> <p><b>Essential Questions:</b> What role does the endocrine system play in the body?</p> <p>Why are the hormones released from the endocrine system important?</p> <p>How does the endocrine system affect our growth and development?</p>
<p><b>Unit 8: Female Reproductive System</b></p>	<p><b>Students will understand essential health concepts in order to transfer knowledge into healthy actions for life.</b></p> <p><b>Students will demonstrate the ability to practice health-enhancing behaviors and</b></p>	<p>Structure of the Female Reproduction System</p> <p>Functions of the Female Reproduction System</p> <p>Characteristics of the Female Reproduction System</p>	<p><b>Enduring Understandings:</b> Caring for the reproductive systems contributes to living a healthy life.</p> <p><b>Essential Questions:</b> What are the structure/ functions and characteristics of</p>

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	<p><b>avoid or reduce health risks.</b></p>	<p>Female’s role in Reproduction</p> <p>Diseases in the Female Reproduction System</p>	<p>the female reproductive system?</p> <p>How does the female’s role in reproduction vary from the male’s role?</p> <p>How can diseases affect the female reproductive system?</p>
<p><b>Unit 9: Male Reproductive System</b></p>	<p><b>Students will understand essential health concepts in order to transfer knowledge into healthy actions for life.</b></p> <p><b>Students will demonstrate the ability to practice health-enhancing behaviors and avoid or reduce health risks.</b></p>	<p>Structure of the Male Reproduction System</p> <p>Function of the Male Reproduction System</p> <p>Role of the Male Reproduction System</p> <p>Diseases/Disorders in the Male Reproduction Systems</p> <p>Impact of Heredity, Health and Nutrition on the Male Reproduction System.</p>	<p><b>Enduring Understandings:</b>            Within the context of producing offspring, students will comprehend the role of the male reproductive system and how his role varies from the female.</p> <p>Comprehend how the environment, heredity and life style choices can affect the male reproductive system.</p> <p>Nutrition can be a contributing factor to diseases/disorders/conditions that may affect the male reproductive system.</p> <p><b>Essential Questions:</b>            What is the primary role of the male reproductive system?</p> <p>How does the role of the male differ from that of the female in regards to reproduction?</p>

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			<p>How can diseases/disorders/conditions affect the male reproductive system?</p>
<p><b>Unit 10:Sexuality, Pregnancy and Parenting</b></p>	<p><b>Students will understand essential health concepts in order to transfer knowledge into healthy actions for life.</b></p> <p><b>Students will analyze the influence of family, peers, culture, media, technology and other factors on health behaviors.</b></p> <p><b>Students will demonstrate the ability to access information, products and services to enhance health.</b></p> <p><b>Students will demonstrate the ability to use decision-making skills to enhance health.</b></p> <p><b>Students will demonstrate the ability to practice health-enhancing behaviors and avoid or reduce health risks.</b></p>	<p>Sexual Development</p> <p>Risk Factors of Teen Pregnancy</p> <p>Signs and Symptoms of Pregnancy</p> <p>Resources for Parenting</p> <p>Prenatal Care</p> <p>Effects of Health and Nutrition during pregnancy.</p> <p>Contraceptives</p> <p>Routine Health Care Procedures</p>	<p><b>Enduring Understandings:</b>          Personal lifestyle habits and genetics influence sexual development as well as overall growth patterns.</p> <p>Responsible actions regarding sexual behavior impact the health of oneself and others.</p> <p>Knowing the physiological process of how pregnancy occurs as well as development of the fetus leading to child birth contribute to a greater understanding of how and why a healthy environment should be provided for the pregnant mother.</p> <p>Adolescent parents may have difficulty adjusting to emotional and financial responsibilities of parenthood.</p> <p><b>Essential Questions:</b>          What risk factors are related to teen pregnancy?</p> <p>How do one’s personal values related to abstinence, plans for marriage and children affect</p>

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			intimate relationships?  How does assessing side effects of various contraceptives affect the choices one makes for contraception?
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**Curriculum Scope & Sequence**

School: Pike Creek Charter School

Grade or Course: Technology Teacher \_\_\_\_\_

Unit Order	Learning Targets	Theme/Big Idea/Concept	Enduring Understandings and/or Essential Questions
<p>By unit title and/or time frame</p>	<p>Content Standards, Grade Level Expectations, Proficiency Level Expectations, or Grade Cluster Benchmarks</p>		
<p><b><u>Trimester 1:</u></b></p> <p><b>Unit 1:</b> Welcome to Technology: Procedures, Keyboarding and MS Paint.</p>	<p><b><u>Technology Skills:</u></b>                      File Management                      Mouse and Keyboard Navigation                      MS Paint</p> <p><b><u>Curriculum Connection:</u></b>                      Social Studies</p>	<p>Typing</p>	<p>How will classroom policies and procedures help our lab run better?</p> <p>How do we use a binder to stay organized?</p> <p>How will being organized help us learn?</p>
<p><b>Unit 2:</b> Microsoft Word: Creating and Publishing Scary Stories</p>	<p><b><u>Technology Skill:</u></b>                      Microsoft Word formatting functions</p> <p><b><u>Curriculum Connection:</u></b>                      English Language Arts</p>	<p>Microsoft Word</p>	<p>How would you use Microsoft Word to publish a piece of writing?</p> <p>What are the major functions and actions for each Microsoft menu?</p>

Attachment 4: Scope and Sequence, Technology

<p><b><u>Trimester 2:</u></b></p> <p><b>Unit 3:</b> Internet Safety and Microsoft Power Point: Thinking Critically about Internet Research and Presentations.</p>	<p><b><u>Technology Skills:</u></b>  MS Power Point  Slide Design  Slide Animation and Transitions  Presentation Skills (eye contact, voice, volume, position)</p> <p><b><u>Curriculum Alignment:</u></b>  Social Studies  Science</p>	<p>Power Point   Internet Explorer</p>	<p>How can we use Power Point to present what we know?  How do we make an effective oral presentation?</p>
<p><b>Unit 4:</b> Microsoft Excel: Family Budget (and Math Test Prep)</p>	<p><b><u>Technology Skills:</u></b>  Creating a spreadsheet  Using SUM function</p> <p><b><u>Curriculum Connection:</u></b>  Math</p>	<p>Excel</p>	<p>How would you use MS Excel to organize your personal finances?   What is a budget and how can it benefit you?</p>

Attachment 4: Scope and Sequence, Technology

<p><b><u>Trimester 3:</u></b></p> <p><b>Unit 5:</b> Publishing our Exit Projects</p>	<p><b><u>Technology Skills:</u></b> HTML FTP/Server Management Image Editing for the Web</p> <p><b><u>Curriculum Connection:</u></b> Social Studies Science</p>	<p>Power Point  Publishers</p>	<p>How do we share what we have learned effectively?</p>
<p><b>Unit 6:</b> College Bound: A Cumulative Technology Project</p>	<p><b><u>Technology Skills:</u></b> Finals Project targeting a board range of learned skills</p> <p><b><u>Curriculum Connection:</u></b> Social Studies Math English Language Arts</p>	<p>Variety of Applications</p>	<p>How can we find the right colleges to and prepare ourselves for?</p> <p>How do we choose the best program to complete a project?</p>