REFERRAL TO THE SCHOOL NURSE

Although teachers cannot diagnose a child’s medical condition or recommend treatment, they are many times the first ones to note that a child is not performing like his/her peers or is having difficulty in the classroom. This information is valuable in facilitating the nurse’s assessment and possible referral for further evaluation.

The School Nurse values your input and comments. Please complete this form with your concerns and return it to the School Nurse. Listed below are some signs of conditions and examples of behavior that may provide clues to physical and emotional problems. While none of these are infallible, none should be overlooked. Extremes such as constantly disruptive behavior, continual unhappiness, inability to learn, are especially significant. Please remember that this information is confidential.

Student ___________________________________________________________ Grade/Section______________

Date _______________ Student Achievement: Good ______ Fair _______ Poor _______

General Appearance
_____ Facial tic
_____ Lethargic, unresponsive
_____ Poor posture
_____ Radical changes in weight
_____ Unusual gait or limp
_____ Unclean/unkempt
_____ Very pale or flushed
_____ Very thin or overweight

Ears
_____ Asking to have things repeated
_____ Discharge
_____ Speaking loudly
_____ Turning head to hear

Eyes
_____ Crossed or turned out
_____ Frequent styes
_____ Holding page/book too close
_____ Inflamed, watery
_____ Squint, frown, scowl

Nose and Throat
_____ Chronic cough
_____ Enlarged glands in neck
_____ Frequent colds
_____ Nasal discharge
_____ Persistent mouth breathing

Skin or Scalp
_____ Bald spots
_____ Frequent scratching
_____ Nits on hair
_____ Numerous pimples, blackheads
_____ Patches of very dry skin
_____ Rashes, sores or bruises

Teeth and Mouth
_____ Bad bite
_____ Cracked lips, esp. at corners of mouth
_____ Dental caries
_____ Inflamed or bleeding gums
_____ Irregular teeth
_____ Speech problem, hard to understand

School Performance
_____ Compulsive neatness to the point that assignments are never completed
_____ Excuses from P.E.
_____ Failure to achieve
_____ Frequent absences
_____ Marked deterioration in work
_____ Poor memory
_____ Poor reasoning
_____ Very careless work

General Behavior
_____ Aggressive, cruel
_____ Always tired
_____ Constant need for attention
_____ Cries easily
_____ Depressed, unhappy
_____ Destructive
_____ Docile, apathetic
_____ Excessive daydreaming, inattentive
_____ Excessive requests to leave classroom
_____ Restless, hyperactive
_____ Temper tantrums
_____ Unusually timid, fearful

Behavior at Play
_____ Breathless after moderate exercise
_____ Difficulty playing with other
_____ Easily fatigued
_____ Extremely excitable
_____ Lack of interest
_____ Poor coordination
_____ Very clumsy
Brief description of health problem(s):

Response to referral:

________________________________________________________
Signature of Person Referring

________________________________________________________
Signature of School Nurse

________________________________________________________
Date