

REFERRAL TO THE SCHOOL NURSE

Although teachers cannot diagnose a child's medical condition or recommend treatment, they are many times the first ones to note that a child is not performing like his/her peers or is having difficulty in the classroom. This information is valuable in facilitating the nurse's assessment and possible referral for further evaluation.

The School Nurse values your input and comments. Please complete this form with your concerns and return it to the School Nurse. Listed below are some signs of conditions and examples of behavior that may provide clues to physical and emotional problems. While none of these are infallible, none should be overlooked. Extremes such as constantly disruptive behavior, continual unhappiness, inability to learn, are especially significant. Please remember that this information is **confidential**.

Student _____ Grade/Section _____

Date _____ Student Achievement: Good _____ Fair _____ Poor _____

General Appearance

- _____ Facial tic
- _____ Lethargic, unresponsive
- _____ Poor posture
- _____ Radical changes in weight
- _____ Unusual gait or limp
- _____ Unclean/unkempt
- _____ Very pale or flushed
- _____ Very thin or overweight

Ears

- _____ Asking to have things repeated
- _____ Discharge
- _____ Speaking loudly
- _____ Turning head to hear

Eyes

- _____ Crossed or turned out
- _____ Frequent styes
- _____ Holding page/book too close
- _____ Inflamed, watery
- _____ Squint, frown, scowl

Nose and Throat

- _____ Chronic cough
- _____ Enlarged glands in neck
- _____ Frequent colds
- _____ Nasal discharge
- _____ Persistent mouth breathing

Skin or Scalp

- _____ Bald spots
- _____ Frequent scratching
- _____ Nits on hair
- _____ Numerous pimples, blackheads
- _____ Patches of very dry skin
- _____ Rashes, sores or bruises

Teeth and Mouth

- _____ Bad bite
- _____ Cracked lips, esp. at corners of mouth
- _____ Dental caries
- _____ Inflamed or bleeding gums
- _____ Irregular teeth
- _____ Speech problem, hard to understand

School Performance

- _____ Compulsive neatness to the point that assignments are never completed
- _____ Excuses from P.E.
- _____ Failure to achieve
- _____ Frequent absences
- _____ Marked deterioration in work
- _____ Poor memory
- _____ Poor reasoning
- _____ Very careless work

General Behavior

- _____ Aggressive, cruel
- _____ Always tired
- _____ Constant need for attention
- _____ Cries easily
- _____ Depressed, unhappy
- _____ Destructive
- _____ Docile, apathetic
- _____ Excessive daydreaming, inattentive
- _____ Excessive requests to leave classroom
- _____ Restless, hyperactive
- _____ Temper tantrums
- _____ Unusually timid, fearful

Behavior at Play

- _____ Breathless after moderate exercise
- _____ Difficulty playing with other
- _____ Easily fatigued
- _____ Extremely excitable
- _____ Lack of interest
- _____ Poor coordination
- _____ Very clumsy

Brief description of health problem(s):

Response to referral:

Signature of Person Referring

Signature of School Nurse

Date