

Delaware Department of Education

Postural/Gait Screening

Phase II Referral Form

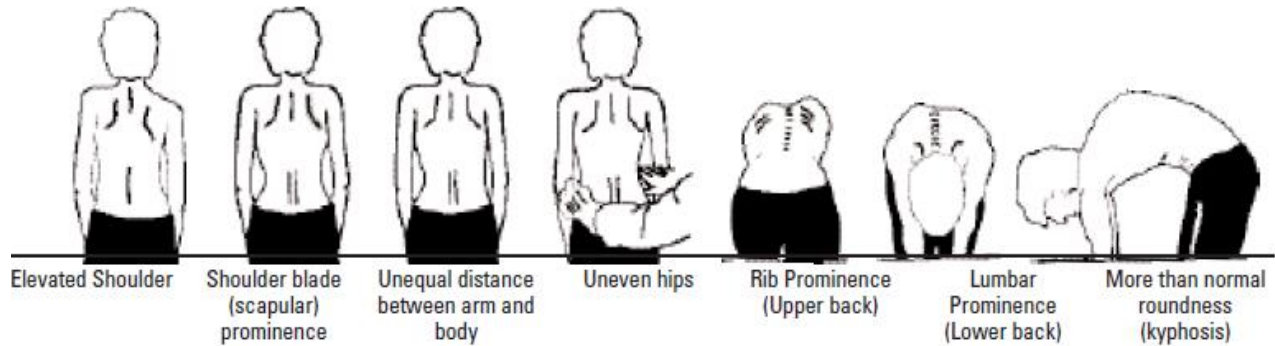
This form is a permanent part of the student's health record. The Physical Therapist will need a copy of this form completed for each referral and will reuse the student's original form each year for Phase II Screening.

Phase I Screening

To be completed by the School Nurse

Student Name: _____
 School: _____
 School Nurse Examiner: _____

Sex: Female Male
 DOB: ____/____/____



	Phase I Screening ¹ – School	
	Left (describe prn)	Right (describe prn)
* Adam's Forward Bend Test		
* Shoulder Elevated		
* Rounded Shoulders		
* Shoulder Blade Prominence		
* Unequal Distance between Arm and Body		
* Uneven Hips		
* Rib Prominence		
* Lumbar Prominence		
Chest		
Kyphosis Increased		
Irregular Gait – limp, feet turned in, other		
Upper/Lower Extremities Abnormality – contracture, reduced ROM, other		
Musculature – weakness, poor muscle tone, other		

* These are postural asymmetries. To proceed to Phase II, student should demonstrate two or more postural asymmetries AND a positive Adam's forward bend test.

¹ Refer student to primary healthcare provider immediately for pain

Scoliosis Family history

Mother Father Sibling Other: _____

Phase II Screening

To be completed by the Physical Therapist

For Females: Age of onset of Menses

Age 8 9 10 11 12 13 14 15 Other: _____

Date: _____

Age 9 10 11 12 13 14 15 16 17 Other : _____

Grade: 5 6 7 8 9 10 11 12

Angle of Trunk Rotation: _____

Findings: _____

Recommendation: Refer Re-Check No future check needed

Examiner: Dawson Novick Turner-Bare

Date: _____

Age 9 10 11 12 13 14 15 16 17 Other : _____

Grade: 5 6 7 8 9 10 11 12

Angle of Trunk Rotation: _____

Findings: _____

Recommendation: Refer Re-Check No future check needed

Examiner: Dawson Novick Turner-Bare

Date: _____

Age 9 10 11 12 13 14 15 16 17 Other : _____

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Angle of Trunk Rotation: _____

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Age 9 10 11 12 13 14 15 16 17 Other : _____

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Angle of Trunk Rotation: _____

Findings: _____

Recommendation: Refer Re-Check No future check needed

Examiner: Dawson Novick Turner-Bare