

Temporary Medical Excuse for Physical Education Modification (2011)

The School Nurse assists the physical education teacher with the program modifications for the student who is restricted in physical education activities due to health problems. Recommendations from the student's licensed healthcare provider should be obtained in writing and based on the activities in which the student can participate.

Temporary excuses for up to three consecutive days of modification in physical education classes for minor illness and injury may be issued by the school nurse.

School District _____ School Name _____

Student's Name _____ Grade _____

Address _____

Student Referred by _____ Date _____

(School staff member and title)

Nature of disease or injury _____

Length of time for modification _____

Will re-examination be necessary? _____ Date _____

Student is able to do the following activities:

_____ No physical activity

_____ Moderate physical activity

_____ Vigorous physical activity

_____ Participation such as _____

Beginning _____ (date), this student would benefit from exercises such

as _____, which may be taken during physical education class.

Date

Name of Physician (M.D. or D.O., N.P. APRN, or School Nurse)

Address