

**School District Letterhead**

Delaware

SAMPLE  
Notification of Child Food Allergy

[date]

Dear Parent/Guardian:

This year, your child's class has a child with a life-threatening food allergy to \_\_\_\_\_ . I am notifying parents/guardians/Relative Caregivers so that we can ensure a safe and worry free year for the student and his/her family.

It is important that you understand an allergic reaction can occur from any contact with the food that causes the allergy. The child with a food allergy can be in danger if food is spilled onto his/her snack or lunch, or if the food is transferred unknowingly to an object the child may touch.

Attached is a list of foods that may contain the food to which this child has an allergy. Please try to avoid sending in any foods from that list. If your child eats any of the foods from the list during the school day, please remind him/her that it is very important to wash his/her hands thoroughly.

There will be a table in the cafeteria where no one eating the food causing the allergy will be permitted to sit. If your child brings food from the list or chooses those foods from the cafeteria menu, he/she will need to sit away from the special table.

Let's help our children to have a safe, happy and healthy school. If you have questions or concerns, please contact me. Thank you for your help.

Sincerely,

School Nurse