



Delaware

Department of Education

School Support Team
School Support Services Group

Activity suggestions for summer meal sites

1. Practice your origami skills and make objects:
<http://www.care.com/c/stories/3885/17-easy-construction-paper-crafts-that-any-ki/>
2. Create salad spinner art: Place circles of paper inside an inexpensive salad spinner, dab paint on the top, cover, and spin.
3. String beads for jewelry.
4. Take a brown paper bag and have kids brainstorm creative things to do with it. You'll be surprised at how many things you can come up with. (i.e. paper bag windsock, paper bag trees, and paper bag hat or tiara).
5. Have a weekly packet of activity worksheets (i.e. coloring page, word search, crossword puzzle) try to include activities focused on nutrition education.
6. Offer jump ropes, hula hoops, and sports balls at the site.
7. Offer weekly drawing of prizes for children who come and eat both breakfast and lunch for the entire week.
8. Play music and dance party movies (no explicit lyrics).

Other ideas please refer the USDA's Summer Food, Summer Moves (operator's activity guide).

https://fns-prod.azureedge.us/sites/default/files/tn/sfsm_opguide.pdf