

Outcomes

Academic Outcomes

- Ability to get along with others in school
- Academic knowledge
- Academic involvement
- Achievement motivation
- Achievement test scores
- Attitude toward school or academics
- College attendance
- Competence
- Educational aspirations
- English language development
- Expulsions
- Family involvement in school activities
- Grades
- Homework completion
- Lower rates of course failure
- Motivation to learn
- Overall academic performance
- Perceived competence
- Reading Skills
- Recreational reading
- Reduced suspensions
- School attendance (includes dropout and tardy rates)

Productive Adults

- Avoidance of delinquency (including criminal arrest)
- Avoidance of drug and alcohol use (including cigarette smoking)
- Avoidance of sexual activity
- Avoidance of violence
- Communication skills
- Community involvement
- Computer skills
- Confidence/self-esteem
- Conflict resolution
- Decision making
- Decreased aggression
- Desire to help others
- Exposure to new experiences
- General well-being
- Goal setting
- Interactions/relationships with adults

- Interactions/relationships with peers
- Job experiences/skills
- Knowledge of sexuality issues (including attitudes toward sex)
- Leadership development opportunities
- Leadership skills
- Maturity
- Money management skills
- Opportunities for leadership roles
- Overall happiness/well-being
- Performance skills (e.g., music)
- Planning/organizing
- Positive attitude about the future
- Positive behavior Problem solving
- Productive use of leisure time
- Projected success in career/the future/college
- Public speaking skills
- Respect for diversity
- Respect for others
- Social/interpersonal skills
- Respect for diversity
- Respect for others
- Reduced pregnancy rates
- Sense of community
- Sexual decision making
- Social/interpersonal skills
- Substance use decision making
- Task orientation
- Understanding of a value system
- Use of safe sex practices
- World view broadened

Health and Wellness Outcomes

- Birth control use
- Better food choices
- Increased physical activity
- Increased knowledge of nutrition and health practices
- Reduction in BMI
- Improved blood pressure
- Improved body image

Outcomes for Children and Youth in Out-of-School Time Programs

Domains & Sub-Domains	Outcomes	Potential Measures
I. EDUCATIONAL ACHIEVEMENT AND COGNITIVE ATTAINMENT		
<i>Achievement</i>	Educational attainment	- Years of formal schooling completed - Credentials/degrees (diploma, GED, BA/BS), licenses, apprenticeships - Receiving honors or awards
	Repetition	- Grade repetition/behind age in grade
<i>Education Related Skills</i>	Basic cognitive skills	- Reading/literacy (test/assessment scores/ grades) - Writing skills (test/assessment scores/ grades) - Mathematical skills (test/assessment scores/ grades)
	Good study skills- executive functioning	- Do homework regularly - Good problem-solving skills - Good study habits
	Data collection and analysis skills	- Test/assessment scores/ grades
	Oral communication skills	- Test/assessment scores/ grades
	Language skills	- English proficiency (test/assessment scores/grades) - Foreign language fluency (test/assessment scores/grades)
	Technology skills	- Proficiency test scores/grades - Typing speed - Internet research ability
	Arts, dance, music	- Knowledge and practice
<i>Motivation; Approach to Learning</i>	Achievement motivation	- Personally motivated to succeed academically (scale)
	Educational expectations	- Degrees or years of school expected
	Intellectual/Academic self-concept	- Academic self-concept scale
	Curiosity	-
	School engagement	- School engagement scale - School attendance - Values school
2. HEALTH AND SAFETY		
<i>Risky Behavior</i>	Drugs/Alcohol	- Does not drink at all or excessively, depending on age - Does not use illegal substances
	Sexual behavior	- Responsible sexual behavior - Contraceptive use - No sexually transmitted diseases
	Violence	- Belonging to a gang - Getting into physical fights or fights with weapons
	Accidents and injuries	- Motor vehicle-related injuries or injuries due to a physical fight - Other unintentional injuries, at home or at school (e.g. burns, falls) - Injury due to family violence
	Good safety habits	- Uses a seatbelt, helmet - Does not drink and drive or ride with someone who has been drinking
<i>Health</i>	Good health and health habits	- Health status - Adequate exercise - Adequate sleep - Healthy diet - Does not smoke - Dental hygiene - Recent health care exam (not for sickness or injury) - Not obese
<i>Mental Health</i>	Good mental health	- Not depressed - Not anxious - Optimistic - Not anorexic or bulimic - Not suicidal - Not stressed
3. SOCIAL AND EMOTIONAL DEVELOPMENT		
<i>Social/Community Relationships</i>	Civic engagement	- Civic leadership (participates as leader in community organizations) - Participates in one or more school or community organizations - Donating money to political, religious, or community cause or organization - Votes

3. SOCIAL AND EMOTIONAL DEVELOPMENT (cont'd)		
Social/Community Relationships (cont'd)	Civic engagement (cont'd)	- Reads newspaper, magazine or watches TV news - Involved in community service activities (i.e., neighborhood clean-up; home visits) - Participates in social activities (sports, clubs) - Participates in cultural activities
	Leadership	- Leader in sports, youth, or church organization
	Positive parent-child relationships	- Closeness and communication with mother/father
	Connectedness to extended family	- Closeness and communication with extended family network
	Positive relationship with an(other) adult	- Feels cared about by adults, teachers, relatives - Feels that adults in programs are helpful
	Friendship skills	- Empathy, sympathy - Skills to resist negative pressures, models
	Behavior problems	- Not suspended/expelled, tolerance - Does not commit delinquent or criminal acts - Not referred to school administrators for discipline problems
	Risk resistance skills	- Risk resistance skills with peers - Nonviolent conflict resolution
	Cultural sensitivity	- Positive race/ethnic identity - Respect for other cultures, religions
	Caring and compassion	- Empathy, forgiveness
	Civility	- Treatment of others, forgiveness, reconciliation
	Emotional/Personal Development	Positive environmental behaviors
Productive use of non-school time		- Reads for pleasure - Hours spent viewing television, videos, playing computer games - Extracurricular activity participation
Intimacy		-
Trust		-
Adaptable/Flexible		-
Emotional coping skills		-
Spirituality		- Attendance at services or activities - Prayer - Importance
Motivated to do well		-
Character		- Respect - Integrity, honesty - Moral character - Moral reasoning - Fulfills commitments
Sense of personal identity, mattering		- Self-esteem, identity
Realistic goals and awareness of goals and steps to achieve goals		- Plans ahead; able to make choices; self-regulation
Initiative, purpose		-
Cooperation	- Sharing, helping	
4. SELF-SUFFICIENCY		
Work	Employment	- Employed/unemployed; hours of work
	Age appropriate employment	- Does not work over 20 hours
	Disconnectedness	- Not in school, work, the military or married to someone who is
	Work ethic	- Promptness, attendance
Family	Responsible childbearing	- Does not have an unwanted or unintended child - Supports children, if any - Regular interaction; contact/visitation with nonresident children
	Entrepreneurship	-
	Responsible management of finances	- Receipt of public transfers (TANF, food stamps) - Personal debt (except for house and education, less than or equal to 20% of income)
		- Savings Behavior

Source: Modified from Hair, E. C., Moore, K. A., Hunter, D., & Kaye, J. W. (2001). *Youth outcomes compendium*. Washington, D.C.: Child Trends and the Edna McConnell Clark Foundation.