

# *A Webquest For The Truth About Addictions*

## *High School*

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**1.**



Process.doc

**Task**



Task.doc

**2. Process**

**3.**



Conclusion.doc

**Conclusion**

**Evaluation**



Evaluation.doc

**4.**

## **Introduction**

**Addictions are costly in many ways: destroying interpersonal relationships, school success, careers; depleting family finances; encouraging lying and stealing to disguise the compulsive behaviors; and causing actual brain changes.**

**Sometimes addictions are not recognized by the person caught in that web until the pathological damage is done.**

**You can help yourself and others by learning more about how to avoid or reduce the risk by recognizing characteristics of addictions and early signs, as well as where to find accurate information, early intervention and treatment.**

**Begin by reading about your task and end by using technology to advocate for healthy choices and behaviors. Then be sure to use your skills to manage yourself.**