

Human Development ***CIP 19.070111***

Big Idea:

We are family.

From the song by Sister Sledge, We are Family. (1979)

Enduring Understandings:

1. Humans develop in a sequential pattern.
2. Everyone faces change throughout the life cycle.
3. The family has a significant impact on individuals and society.
4. A child's behavior reflects his or her stage of development.
5. The behavior and needs of children shape how adults interact with them.
6. There are many professions that assist individuals and families.
7. Human services professionals help address life changes.
8. Specific characteristics and behaviors are important in order to be successful as a human services professional.

Essential Questions:

1. Why do families exist?
2. Do individual and family needs change over time?
3. What strategies are appropriate to positively shape children's behavior?
4. Why should I care about young children?
5. Are families necessary in a community?

Standard Statement:

- Evaluate the significance of family and its impact on the well-being of individual and society. *FAM 1*
- Evaluate the impact of family care giving roles and responsibilities on the well-being of individuals and families. *FAM 2*
- Integrate knowledge, skills, and practices required for careers in family and community service. *FAM 3*
- Analyze factors that impact child growth and development. *CHD 1*
- Integrate knowledge, skills, and practices required for careers in early childhood, education, and services. *CHD 2*

- Identify and analyze factors that affect adolescent growth and development. *ADL 1*
- Analyze factors that impact adult development. *ADA 1*
- Integrate knowledge, skills, and practices required for career assisting adults from maturity through old age. *ADA 2*
- Demonstrate skills and behaviors of positive relationships in families, peer groups, school, community, and the work place. *IPR 1*
- Demonstrate nutrition and wellness practices that enhance individual and family wellness. *FNW 1*
- Identify and evaluate available resources to meet the needs of the individual and family. *CRM 1*
- Demonstrate management of available and expanding resources related to the needs of individuals and families. *CRM 2*
- Integrate knowledge of consumer's rights and responsibilities to meet the needs of individuals and families *CRM 3*

Course Description:

Human development is a project-based course exploring the development of individuals and families throughout the life cycle. In addition to human development theories, principles, and practices students will explore the roles, responsibilities, and functions of families and family members, gerontology and intergenerational aspects, contemporary family issues, change, stress, and family crisis-abuse-violence; community services, agencies, and resources. Emphasis will be placed on the role of the family and community in meeting the needs of its members as they progress through various stages of development.

Course Goals:

To provide students with the knowledge, skills, and attitudes to prepare them for career opportunities working with families and children. Students will understand the importance and function of the family at various stages and be able to apply that knowledge to provide support to families.

Course Objectives:

- Identify the multiple roles, responsibilities, and needs of family members.
- Explain the importance of family and examine ways families can be strengthened.
- Determine factors that contribute to healthy and unhealthy relationships
- Examine roles, responsibilities, and functions of families and family members throughout the life cycle.

- Analyze family as a basic unit of society
- Investigate global influences on today's families
- Explore the role of family in developing independence, interdependence, and commitment of family members.
- Determine the impact of change and transitions on families.
- Utilize family and community resources to meet individual and family nutrition, health, and wellness needs throughout the life cycle.
- Construct a safe and healthy environment for individuals, families, and communities.
- Analyze biological, emotional, legal, and ethical factors related to preparing for parenthood and carrying out parenting roles throughout the life cycle
- Examine personal priorities, interests, skills, and abilities to determine career interest.

Course Outline

| <i>Course Outline</i> | <i>CE Knowledge & Skill Reference</i> | <i>Academic Standards</i> | <i>Resources</i> |
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| 1) The Family Foundation a) function of the family b) role of the family c) responsibility of the family | FAM 1.1, FAM 1.2, FAM 1.3, FAM 2.1, | ELA 1, 2,3 H – 1-4 FLS 2 AOD 1,2,3,4,5 TOB 1,2,3,4,5 M 1,2,4,9 | |
| 2) Overview of Human Development a) prenatal care and its impact on a child's development b) identify the physical, intellectual, emotion and social characteristics of 1)children during the different stages 2)adolescents 3)young adults 4)mid-life adults 5)elderly | CHD 1.1, CHD 1.2, CHD 1.3, CHD 2.1, ADA 1.1, ADA 1.4, ADL 1.1, ADL 1.2, IPR 1.1 | ELA 1.2.3 M 4 PE C-1 TE 3 Ag NR (h)-1 H FLS 2 PE 4,5 WL Goal 4 | |
| 3) Overview of the Family Cycle a) stages of the family life cycle b) developing relationships within the family life cycle c) strategies for supporting the development of positive | FAM 1.1, FAM 1.6, FAM 1.5, FAM 2.1, FAM 1.9, CRM1.7, CRM 2.1, | ELA 1,2,3 SS H-1-4 H FLS 2 M 1-10 B ABF | |

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| <p>relationships</p> <p>d) identify resources and strategies to meet the needs of families</p> | | <p>H NUT TOB</p> | |
| <p>4) The Beginning Family</p> <p>a) challenges, roles, and functions of the beginning family</p> <p>b) styles of communication in family, community, and careers that allow families to manage their developmental tasks of this stage of life</p> <p>c) strategies for managing resources as a beginning family</p> <p>d) meeting the nutritional, health, and wellness needs of the beginning family</p> | <p>FAM 1.1, FAM 1.8, CRM 2.1, CRM2.3, IPR 1.6, FNW 1.2, FNW 1.2, FNW1.3, CHD 1.1, CHD 1.2</p> | <p>ELA 1,2,3 SS H-1-4 H FLS 2 M 1-10 C P/S-B,C Nut 1,2,3 PE 1</p> | |
| <p>5) The Childbearing Family</p> <p>a) challenges, roles, and functions of the childbearing family</p> <p>b) styles of communication in family, community, and careers that allow families to manage their developmental tasks of this stage of life</p> <p>c) strategies for managing resources as a childbearing family</p> <p>d) meeting the nutritional, health, and wellness needs of the childbearing family</p> | <p>FAM 1.1, FAM 1.8, CRM 2.1, CRM2.3, IPR 1.6, FNW 1.2, FNW 1.2, FNW1.3, CHD 1.1, CHD 1.2</p> | <p>ELA 1,2,3 SS H-1-4 H FLS 2 M 1-10 C P/S-B,C Nut 1,2,3 PE 1</p> | |

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| <p>6) The Child Rearing Family</p> <p>a) challenges, roles, and functions of the child rearing family</p> <p>b) styles of communication in family, community, and careers that allow families to manage their developmental tasks of this stage of life</p> <p>c) strategies for managing resources as a child rearing family</p> <p>d) meeting the nutritional, health, and wellness needs of the child rearing family</p> | <p>FAM 1.1, FAM 1.8, CRM 2.1, CRM2.3, IPR 1.6, FNW 1.2, FNW 1.2, FNW1.3, CHD 1.1, CHD 1.2 ADL 1.2, ADL 1.2. ADL 1.3</p> | <p>ELA 1,2,3 SS H-1-4 H FLS 2 M 1-10 C P/S-B,C Nut 1,2,3 PE 1 TE 3</p> | |
| <p>7) The Launching and empty nest family</p> <p>a) challenges, roles, and functions of the launching and empty nest family</p> <p>b) styles of communication in family, community, and careers that allow families to manage their developmental tasks of this stage of life</p> <p>c) strategies for managing resources as a launching and empty nest family</p> <p>d) meeting the nutritional, health, and wellness needs of the launching and empty nest family</p> | <p>FAM 1.1, FAM 1.8, CRM 2.1, CRM2.3, IPR 1.6, FNW 1.2, FNW 1.2, FNW1.3,</p> | <p>ELA 1,2,3 SS H-1-4 E-1,2,3 M 1-10 TE 1,3 NUT PE 1, 4</p> | |

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| <p>8) Retirement</p> <ul style="list-style-type: none"> a) challenges, roles, and functions of the retirement family b) styles of communication in family, community, and careers that allow families to manage their developmental tasks of this stage of life c) strategies for managing resources as a retirement family d) meeting the nutritional, health, and wellness needs of the retirement family | <p>FAM 1.1, FAM 1.8, CRM 2.1, CRM2.3, IPR 1.6, FNW 1.1, FNW 1.2, FNW1.3,</p> | <p>ELA 1,2,3 SS H-1-4 E-1,2,3 H FLS 2 M 1-10 Nut 1,2,3 PE 1,4</p> | |
| <p>9) Supporting Families and Communities</p> <ul style="list-style-type: none"> a) identify services available for families b) understand how to access services available for families | <p>ADA 2.2, ADA 2.3, IPR 1.6, CRM 3.3, CRM 3.4</p> | <p>ELA 1,2,3 SS E-1 C-1,4 TE 3,4,5 PE 5</p> | |
| <p>10) Careers which support Human Development</p> <ul style="list-style-type: none"> a) Career Interest Inventories b) Personal philosophy for career roles c) Human Services, Family Services, Child Development Careers | <p>ADA 2.5, IPR 1.7, ADL 1.7, CHD 2.3, CRM 3.6, FAM 3.5</p> | <p>ELA 1,2,3 B MEA 5 TE 3 C-B, C SS C-4 AGB C-A, B, C</p> | |

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| <p>11) Opportunities in FCCLA</p> <ul style="list-style-type: none">a) What's in FCCLA for Me?b) Chapter operationsc) Planning processd) Individual and chapter awards and activitiese) State, National, and International Activities | | | |
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FCCLA

During this course students will be involved in FCCLA activities to enhance their learning. Students will participate in:

Resources

Technology Utilization

End of Course Assessment